

**FALL, WINTER, SPRING PROGRAM SCHEDULE 2010-2011****Adams Street Community Center Pool****September 13, 2010 – June 17, 2011****85 Adams Street****428-7456****Mon.-Fri., 3:30-4:45 pm, Sat., 10:00 am-5:00 pm****Director: Joe Diliberto****MONDAY**

TIME	PROGRAM TITLE	AGES	DATE	DATE	FEE
3:30-4:45 pm	Open Swim	6+			\$2/18+
5:00-6:00 pm	Adult Lap Swim	18+			\$2/18+
5:00-7:30 pm	R.R.S.T. Swim Team	6-18			
5:00-9:00 pm	Lifeguard Training	15+	5/16/11		
5:00-10:00 pm	Water Safety Instructor	16+	6/13/11		
7:30-8:00 pm	Open Swim	14+unless w/parent			\$2/18+
8:00-9:00 pm	Adult Lap Swim	18+			\$2/18+

**TUESDAY**

TIME	PROGRAM TITLE	AGES	DATE	DATE	FEE
3:30-4:45 pm	Open Swim	6+			\$2/18+
5:00-6:00 pm	Adult Lap Swim	18+			\$2/18+
5:00-7:00 pm	R.R.S.T.Swim Team	6-18			
5:00-9:00 pm	Lifeguard Training	15+	5/17/11		
5:00-10:00 pm	Water Safety Instructor	16+	6/14/11		
6:00-9:00 pm	High School Lifeguard Training	15+	3/8-5/10/11		
6:00-9:00 pm	Lifeguard Recertification	18+	5/24/11		
7:00-8:00 pm	Open Swim	14+ unless w/parent			\$2/18+
8:00-9:00 pm	Adult Lap Swim	18+			\$2/18+

**WEDNESDAY**

TIME	PROGRAM TITLE	AGES	DATE	DATE	FEE
1:00-3:00 pm	Water Games IV	6-12	4/20/11		
3:30-4:45 pm	Open Swim	6+			\$2/18+
5:00-7:00 pm	Youth Swim Lessons	6-14	10/20-12/15/10 1/5-3/2/11 3/23-5/11/11		
5:00-9:00 pm	Lifeguard Training	15+	5/18/11		

5:00-10:00 pm	Water Safety Instructor	16+	6/15/11		
6:00-9:00 pm	Lifeguard Recertification	18+	5/25/11		
7:00-8:30 pm	R.R.S.T. Swim Team (3 Lanes)	6-18	9/15/10-6/15/11		
7:00-8:30 pm	Open Swim (3 Lanes)	14+ unless w/parent	9/15/10-6/15/11		\$2/18+

#### THURSDAY

TIME	PROGRAM TITLE	AGES	DATE	DATE	FEE
3:30-4:45 pm	Open Swim	6+			\$2/18+
5:00-6:00 pm	Adult Lap Swim	18+			\$2/18+
5:00-7:00 pm	R.R.S.T. Swim Team	6-18			
5:00-9:00 pm	Lifeguard Training	15+	5/19/11		
5:00-10:00 pm	Water Safety Instructor	16+	6/16/11		
6:00-9:00 pm	High School Lifeguard Training	15+	3/10-5/12/11		
6:00-9:00 pm	Lifeguard Recertification	18+	5/26/11		
7:00-8:00 pm	Open Swim	14+ unless w/parent			\$2/18+
8:00-9:00 pm	Adult Lap Swim	18+			\$2/18+

#### FRIDAY

TIME	PROGRAM TITLE	AGES	DATE	DATE	FEE
3:30-4:45 pm	Open Swim	6+			\$2/18+
5:00-6:00 pm	Adult Lap Swim	18+			\$2/18+
5:00-7:30 pm	R.R.S.T. Swim Team	6-18			
5:00-9:00 pm	Lifeguard Training	15+	5/20/11		
5:00-10:00 pm	Water Safety Instructor	16+	6/17/11		
7:30-8:30 pm	Family Swim – Parents must accompany children in the pool	All			\$2/18+

#### SATURDAY

TIME	PROGRAM TITLE	AGES	DATE	DATE	FEE
10:00 am-1:00 pm	Youth Swim Lessons	6-14	10/23-12/18/10 1/8-3/5/11 3/26-5/14/11		Free
12:00-1:00 pm	Adult Lap Swim	18+			\$2/18+
12:00-1:00 pm	Adult Swim Lessons	18+	10/23/10-5/14/11		\$20/6 half hour lessons
12:00-1:00 pm	School Age Swim Lessons	4 & 5	10/23-12/18/10 1/8-3/5/11 3/26-5/14/11		\$30/8 weeks

12:00-2:00 pm	Open House	6+	6/11/11		
12:00-6:00 pm	Lifeguard Training	15+	5/21/11		
12:00-1:00 pm	Birthday Parties	6-14	9/18/10-6/4/11		\$60 for 12 children
1:00-2:30 pm	Under Water Egg Hunt	6-12	4/16/11		
1:00-3:00 pm	Open Swim	6+			\$2/18+
3:00-5:00 pm	R.R.S.T. Swim Team	6-18			

**CENTERS WILL BE CLOSED ON THE FOLLOWING DAYS:**

9/6/10 - Labor Day  
 10/11/10 - Columbus Day  
 11/11/10 – Veteran’s Day  
 11/25 & 11/26/10 - Thanksgiving Holiday  
 12/24/10 - Christmas Holiday  
 12/31/10 - New Year’s Holiday  
 1/17/11- Dr. Martin Luther King, Jr. Day  
 2/21/11- Presidents’ Day  
 4/22/11- Easter Weekend  
 5/30/11- Memorial Day

**STAFF TRAINING & SUMMER PREPARATION**

Tues.-Sat., Sept. 7-11, 2010  
 Sat.-Sat., June 18-25, 2011

**SITES WILL BE CLOSED EVENINGS AFTER 5:00 PM  
 ON THE FOLLOWING TWO DAYS:**

Thursday, January 20, & Thursday, March 24, 2011

**FREE pass today at EZRecPass.**

Cityofrochester.gov or visit your center.

SportsNet is sponsored by Rochester Rehabilitation Center: Individuals with a physical disability who wish to participate in exercise, active recreation or sports may contact Nancy Steinkamp, SportsNet Manager, 271-2520, ext. 674.

**In cooperation with DRYS, the Rochester School for the Deaf**, 1545 St. Paul St., provides after school activities for deaf & hard of hearing students enrolled in the Rochester City School District. Transportation is available. For information and enrollment forms, contact the coordinator at [RASA@rsdoutreach.org](mailto:RASA@rsdoutreach.org) or call 585-336-5855, 585-336-5860 TTY.

**BizKid\$ Camps (Ages 14 through 18):**

Feb. 22-26, 2011 & April 18-22, 2011 at Lake Riley Lodge, Cobbs Hill Park  
 Free Business Camp for youth who reside in the City of Rochester. Develop academic, career & job skills for the 21<sup>st</sup> Century! You will learn how to start your own business plan, sell products or services and manage and invest money. Pre-registration is required, and spaces are very limited! Call 428-7371 for an application or information.

**NOTICE TO PARENTS:** The Department of Recreation and Youth Services offers activities for ages six and over. A responsible person must accompany and remain with any child under six. Staff is not authorized to retain youth in most activities or on the premises. Parents may inquire about programs which are designed to allow staff to keep participants until a specific time. Program schedule is subject to change. Please visit or call center to verify or check for additional programs.

For information call 311

**Recreation Administrative Offices 400 Dewey Avenue 428-6755**

Visit [www.cityofrochester.gov](http://www.cityofrochester.gov)